

RESOURCE GUIDE



Office of
Mental Health



Jefferson County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Watertown Behavioral Health Urgent Care Center

Mental health center with 24/7 walk-in capability.
650 State St, Watertown, NY 13601
(315) 755-1251
Psychiatric assessment, counseling, med management, peer support all available. Operated by Citizen Advocates.

Citizen Advocates Crisis Line

24/7 number to call in moments of mental health crisis.
(315) 755-1251
Call anytime for support in a crisis, but in-person services will not be provided.

Mobile Crisis (Children's Home of Jefferson County)

24/7 number to call in moments of mental health crisis.
(315) 782-2327
Crisis team can rapidly meet you at home or in the community if necessary.

Citizen Advocates Crisis Respite

Urgent care facility also offers voluntary respite stays.
650 State St, Watertown, NY 13601
(315) 755-1251
Call or walk-in 24/7.

Mental Health Treatment & Rehabilitation

Watertown Behavioral Health Urgent Care Center

Facility has ability for 24/7 walk-in outpatient services.
650 State St, Watertown, NY 13601
(315) 755-1251
Call or walk-in anytime.

Community Clinic of Jefferson County

Outpatient clinic with walk-in hours.
211 J.B. Wise Pl 1st Floor, Watertown, NY 13601
(315) 782-7445

Standard Hours: Mon/Wed 8 am-6 pm, Tues/Thurs 8 am-7 pm, Fri 8 am-5 pm. Walk-ins accepted at any time.

THRIVE Wellness & Recovery Outpatient Clinic

Outpatient clinic with constant crisis support.
611 W. Main St, Watertown, NY 13601
(315) 788-1530
Hours: Mon/Wed/Fri 8 am-5 pm, Tues/Thurs 8 am-7 pm.
Crisis walk-ins always accepted.

Samaritan Outpatient Mental Health

Outpatient clinic with walk-in hours.
1575 Washington St, Watertown, NY 13601
(315) 779-5060

Standard Hours: Mon-Thurs 8 am-5pm

Walk-in Hours: Mon-Fri 8 am-11 am (6 slots per day).

Carthage Area Behavioral Health Center

Outpatient clinic with walk-in capability.

3 Bridge St, Carthage, NY 13619

(315) 493-3300

Standard Hours: Mon-Fri, 8 am-6 pm. Call ahead or walk-in before 4:30 pm and they will do best to schedule.

River Hospital Community Wellness

Outpatient clinic.

4 Fuller St, Alexandria Bay, NY 13607

(315) 482-1277

Hours: Monday—Friday, 8 am—7 pm
Call to inquire about an appointment.

Peer Support Services

MHA of Jefferson County Warmline

A number to call for peer support.

(315) 788-0970 (option #8)

Available during MHA operating hours of Monday—Friday, 8:30 am—3:30 pm.

MHA of Jefferson County Drop-In Center/Bridges

Informal setting for peer-driven recovery.

425 Washington St, Watertown, NY 13601

(315) 788-0970 (option #4)

Monday—Friday, 8:30 am—3:30 pm. Drop in anytime or call to learn more.

Northern Regional Center for Independent Living

Peer-run support agency fostering independence.

210 Court St, Watertown, NY 13601

(315) 785-8703

Hours: Monday—Friday, 8:30 am—4:30 pm.

Call or drop in anytime.

Watertown Behavioral Health Urgent Care Center

Urgent care facility offers 24/7 peer support.

650 State St, Watertown, NY 13601

(315) 755-1251

Call or drop in anytime.

Addiction or Substance Use Treatment and Support

Watertown Behavioral Health Urgent Care Center

Urgent care facility offers 24/7 substance use services.

650 State St, Watertown, NY 13601

(315) 755-1251

Call or drop in anytime.

THRIVE Wellness & Recovery Outpatient Clinic

Integrated clinic w/ mental health/substance use services.

611 W. Main St, Watertown, NY 13601

(315) 788-1530

Hours: Mon/Wed/Fri 6:30 am-5 pm, Tues/Thurs 6:30 am-7 pm, Sat 7 am-11:30 am. Call to inquire about an appt.

Samaritan Addiction Services

Outpatient substance use services w/ walk-in capability.

1575 Washington St, Watertown, NY 13601

(315) 779-5060

Standard Hours: Mon-Thurs 8 am-5pm

Walk-in Hours: Mon-Fri 8 am-11 am (6 slots per day).

Alcoholics Anonymous (AA): (315) 788-2280, aa.jci.org.

Narcotics Anonymous (NA): (315) 847-3842

Call 24/7 to find out about groups in the Jefferson County.

OASAS 24-Hour Hopeline: 1(877)-8-HOPENY

MATTERS Network: (765)-MATTERS. Telehealth appts daily 11 am-11 pm. Substance use services/peer support.

Other Services

Jefferson County Department of Social Services

250 Arsenal St, Watertown, NY 13601 (enter on Massey)

(315) 785-3000

Hours: Monday—Friday, 8:30 am-5 pm **Summer Hours**

(July & August): Monday—Friday, 8:30 am—4 pm.

CHJC Adult Single Point of Access (SPOA)

Program for connection to mental health resources.

(315) 777-9617. Call or apply online at chjc.org.

For more [Jefferson County Resources](#), please scan:



To find more mental health programs and services, visit our website at: www.omh.ny.gov



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